



MEMBERS

# Newsletter

## Editor's Report

It's summer, there's a heat wave and a hosepipe ban is imminent so why not take some time out to catch up on the latest ATOCP news in this summer 2018 newsletter! As well as updates from our local branches, we have more details of the upcoming ATOCP annual conference – have you signed up yet?? Some help for keeping up to date with research and a chance to get to know your committee. We would also like to say a big welcome back to Vic Smith who returns from mat leave, many congratulations and with the winter 2018 newsletter just round the corner, if any members have anything they would like to see included please don't hesitate to get in touch.

Victoria Crawford  
ATOCP Newsletter Editor

## Chairperson's Report

**I**t has been terrific to see the positive response for this years' ATOCP Conference. As many of you will know, we are being hosted by the British Orthopaedic Association (BOA) as part of their centenary celebrations. We have three sessions on Thursday 28th September, followed by an evening social in Birmingham. The first session is on the Therapy response to the 2017 Manchester bombings. The second is the scientific abstract session where we have eight clinicians presenting their work. The third and final session is our highly anticipated debate on *Day case knee replacements: is it in the patients' best interest?*

In addition to these sessions we are holding our AGM in the morning. During the AGM I will provide an update on committee activities and an overview of the ATOCP Strategy for the next four years. This was largely set on feedback from last years conference. Rest assured there is a lot of work going on behind the scenes to strengthen the association.

## Treasurer's Report

### Chairperson's Report continued...

We are always looking for regional committee members; why not give it a go? Being a regional rep has many benefits; its rewarding, gives you the opportunity to meet new people, the opportunity to direct T&O CPD in your region and access to a national network of likeminded physiotherapists. Many of the senior posts require some sort of involvement with a national network in their Job Description's – being involved looks great on your CV!

*If you would like an informal chat about this please drop me an email at [atocpchair@gmail.com](mailto:atocpchair@gmail.com)*

Our executive committee is growing and we have some fantastic leaders within the field of trauma and orthopaedics driving the association forwards. As I have said in the past, the success of our Network depends on the engagement from our members. We are always looking for enthusiastic and motivated people to support the leadership of the Network. If you have any suggestions, comments, or feedback - positive or negative, I would love to hear from you.

**Anthony Gilbert**  
ATOCP Chair

We have had a successful financial year, the accounts are healthy and are allowing us to provide sponsorship and growth for the local branches. Due to the nature of the account we have stopped the ability to pay for membership via standing orders as these are difficult to manage and cannot be adjusted to meet with the growing demands of the ATOCP. Anyone paying by standing order will be contacted over the next few months and asked to convert to our online payment system or their membership will be cancelled but they will still pay the fee as we are unable to cancel their standing orders.

Please contact myself at [atocp.treasurer@gmail.com](mailto:atocp.treasurer@gmail.com) for any further information.

**Katrina Mitchell**  
ATOCP Treasurer

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## ATOCP committee member commended for contribution to Hip Sprint

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The ATOCP has received thanks from the CSP for the valued contribution and hard work put in by one of their committee member with regards to the Hip Sprint project. Well done Jocelyn Hopkins, your efforts have been recognised and we look forward to reading your details of Hip Sprint 2 in the next issue.

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## Membership Update

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We currently have over 600 members on the books and have linked this year with the BOA to enable affiliate member rate for the BOA if you are an ATOCP member.

We will be moving next year towards the Go Cardless payment system for all membership fees. This provides better tracking of members payment details and facilitates linking between the CSP website and the ATOCP webpages.

George Hooper  
ATOCP Membership

*Our online joining and renewal process is now using Go Cardless!*



# ATOCP local branch updates

## GET INVOLVED



ATOCP regional branches are growing. These are a good way get in touch with like-minded professional in your local area. New branches are opening in North East, South West and Peninsula ....  
**Watch this space.**

## MORE

Find out about events going on in your area by following our twitter feeds and facebook pages

If you would like to be involved with setting up a branch in your local area, please contact  
[jacqueline.claydon@nhs.net](mailto:jacqueline.claydon@nhs.net)

## ATOCP Edinburgh

The Edinburgh branch ran a local study evening on Wednesday 25th April 2018 at the Spire Shawfair Hospital and welcomed Joseph McIntyre a podiatry lecturer and Mhairi Friel a senior orthotist as speakers. The topics covered were: 'Diagnostic and Medical Imagery of the Foot and Ankle in Orthopaedics and Rheumatology' and the 'Theory of Foot and Ankle Biomechanical Principles and Practical Assessment'.

43 people attended with a mixture of physiotherapists and podiatry students and the feedback was very positive: "Good Xray and explanation in lecture, lots of good info and diagnosis and treatment. Very good practical demo". "The content was very good, the practical demo's were very helpful". We would like to thank our speakers very much for creating such an interesting, multidisciplinary and educational evening full of discussion. The Edinburgh branch look forward to organising the next study evening for later in 2018.

*Email: [ATOCPedinburgh@hotmail.com](mailto:ATOCPedinburgh@hotmail.com)*

## Mairi Forsyth & Nina Chalmers

*BRANCH CHAIRS*



## ATOCP South Wales

We held a spinal evening at Spire Hospital, Cardiff and had a range of talks including an interactive 'spot what's wrong with the x-ray' session.

We plan to hold note events and were always looking for more people to help. The branch is also looking for committee members– if you feel you can help, please get in touch!

Email: [southwalesatocp@hotmail.com](mailto:southwalesatocp@hotmail.com)  
@ATOCP\_Swales

George Hooper

BRANCH CHAIR



COMING SOON

## ATOCP Peninsula – Cornwall/Devon/Somerset

Come join us!

Abi and myself are aiming to get a Peninsula regional branch going. It will cover Cornwall and Devon and will welcome anyone from Somerset if they wish to come south.

Initially we are aiming to collate a mailing list of interested people so we can contact them to get an idea of what they would like in terms of education, CPD, networking opportunities. Possibly then will aim for an evening lecture and dinner later this year.

We have an email address and would love people to get in touch.

Email: [ATOCP.peninsula@hotmail.com](mailto:ATOCP.peninsula@hotmail.com)

Becky Fox & Abi Hall

BRANCH CHAIR

## ATOCP Oxford

There were 2 events last year attended by 30 and 50 people respectively. Our next event will be an evening lecture of physical activity and lower limb OA/joint replacement which Toby Smith has agreed to speak at. The date is yet to be confirmed but will hopefully take place at some point over the summer. Please get in touch for further details.

Email: [oxfordatocp@gmail.com](mailto:oxfordatocp@gmail.com)  
@ATOCP\_Oxford

John Room

BRANCH CHAIR

## ATOCP North East

The North East branch is planning a launch event in the near future, more details to follow but if you would like to be involved please get in contact.

@atocp\_northeast

Jacqueline Claydon

BRANCH CHAIR

## ATOCP South

There has been a recent event in the North area of the Southern branch which was successful. This was held at Basingstoke and was attended by approx. 20 people. The South branch covers a large geographical area.

**Katrina Mitchell**

BRANCH CHAIR

There is an upper limb event planned for September/October 2018.



## ATOCP North West

Northwest regional branch holds 2 network sessions per year. Our aim as with all branches is to provide education, networking and advice to all who attend. Please get in touch at:

*Twitter @AtocpNorthwest*

*Facebook @ATOCPNWGROUP*

If anyone is interested in being a guest speaker or presenting at one of our events in the future, please contact Julie Blackburn at [julie.blackburn2@nhs.net](mailto:julie.blackburn2@nhs.net) or [suzy.broadbent@rlbuht.nhs.uk](mailto:suzy.broadbent@rlbuht.nhs.uk).

Our next event will be in October, details to be confirmed.

**Julie Blackburn**

BRANCH CHAIR

## ATOCP London

We are looking to run an educational evening at a central London location in the Autumn. If you are based in London and interested in being involved please get in touch! We are looking for venues and speakers. Sadly, I do not have access to a central London venue. Do you fancy hosting an event? Let me know! I can be contacted at [atocplondon@gmail.com](mailto:atocplondon@gmail.com) and would love to discuss.

Over the summer I will be creating a list of hospitals and contacts, please keep an eye out for a letter in the post and respond to me when you can!

[@ATOCP\\_London](https://twitter.com/ATOCP_London)

**Anthony Gilbert**

CHAIR OF ATOCP AND BRANCH CHAIR

## Keeping up to date with new research in your clinical area

It can be really challenging keeping up to date with newly published research that is relevant to specific areas of clinical interest.

We therefore wanted to highlight REHAB+ <https://plus.mcmaster.ca/rehab/>

This service is based at McMaster University, partly funded by the Canadian Institutes of Health.

REHAB+ provides email alerts and a database of evidence tailored to the clinical areas or questions that you have.

We will signpost other useful easy to access resources to support evidence-based practice in future newsletters and on the ATOCP website.

**David Keene**

## Fragility Fracture Network (FFN) Global Congress coming to Oxford in 2019

### SAVE THE DATE!

On the 28-30th August 2019 the 8th Fragility Fracture Network Global Congress <http://fragilityfracturenetwork.org/our-organisation/8th-ffn-global-congress-2019/> is going to be held in Oxford. There is usually a standalone physiotherapy workshop the day before the congress so we will be sure to share news on any developments. The congress is multi-disciplinary and there is a great deal of focus on fragility fracture prevention, treatment and rehabilitation. The meeting attracts leading experts from around the world so it is a great opportunity to learn about the latest developments and share good practice. We would like to encourage ATOCP members to submit abstracts to the congress to share the great work that is being done in the UK. If you are doing or planning any service evaluations, audits or research in this area of practice keep an eye out for the call for abstracts on the FFN website.

www.fff-congress.com

8<sup>th</sup> FFN Global Congress 2019

Oxford, UK  
28-30 August 2019

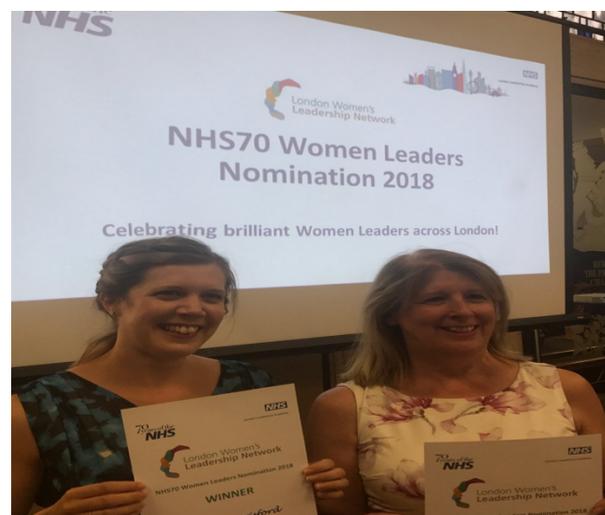
FFN  
Fragility Fracture Network  
of the Bone and Joint Circle

Best care across  
the world

## Meeting your ATOCP committee

Introducing Emily Berrisford  
ATOCP secretary

Hi I'm Emily and as well as being secretary for the ATOCP, I am the Clinical Lead Physiotherapist for Orthopaedics at Chelsea and Westminster. I recently attended a 2 day course in London titled 'Trauma Care After Resuscitation' or TCAR for short – this was the first time that this course has been run in the UK. It has been developed for ward based nurses caring for trauma patients so it was exciting to be able to attend as a therapist. It was a packed programme with case study based learning which really got me thinking about physiology and the mechanism of injury for some of the patients we work for. I would definitely recommend if you get the opportunity! I was also very honoured to receive an NHS Women's Leadership award as part of the NHS 70th birthday celebrations. It was great to be nominated as a therapist amongst many other great women leaders from all disciplines, and shows how well placed we are to develop leadership skills in our roles. I am looking forward to getting to know more physios in orthopaedics via the network - Feel free to contact me directly: [Emily.berrisford@chelwest.nhs.uk](mailto:Emily.berrisford@chelwest.nhs.uk)



## ATOCP Sponsorship

APPLY NOW!!

— ★ —  
**Funding for Msc's, Courses,  
 Research, Audit.**  
 — ★ —

### THE CRITERIA FOR APPLICATION IS:

- ATOCP membership for 1 or more years
- Minimum experience of 3 years post qualification
- Applicants must agree to present a report to their local branch and/ or a national ATOCP course
- Applicants must agree to submit a report for publication in the magazine

If sponsorship money is used to help fund course fees, the course must have an orthopaedic based research or evaluation aspect to it. The applicant is expected to submit a post course critique to the executive committee.

### IN YOUR APPLICATION PLEASE REFER TO THE FOLLOWING GUIDELINES:

- The purpose of the project, why it is important to you
- The background of the project – how does it fit in with current trends
- What the money is going to be used for
- The approximate costs



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*The deadline for  
 next submission is  
 1st September 2018*  
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Requests can applied for at any time of year but will take time because they agreed on by a majority vote at the quarterly executive committee meetings